Thank you for participating in NMPHA’s 2019 Annual Conference! Please follow the guidelines below when designing and setting up your poster.

- Posters may be **no more than** 4 ft. high x 4 ft. wide.
- At the top of the poster there should be a banner indicating the title, authors and institutions, with lettering not less than 1 inch high.
- Text in the body of the poster should be **at least** 3/8 inch high (24 pt font), preferably in bold font, and large enough so it can be read from a distance of 3-8 feet.
- Keep everything as simple as possible. Block lettering may be used to add clarity and emphasis. Captions should be brief; labels should be few and clear. It is helpful if the sequence to be followed in studying your material is indicated by numbers, letters or arrows. Simple but prominent sub-headings like “Introduction,” “Methods,” “Discussion,” and “Conclusions” are very helpful. Complex graphs are too difficult to read and comprehend; lettering on a graph should be **at least** ¼ inch high and lines on the graph should be bold and thick enough to be easily seen. Photographs should have good contrast and sharp focus.
- Include references.
- Copies of the poster are sometimes helpful as handouts for interested viewers. You may wish to put your email address onto the poster and your handout as an easy point of contact for interested viewers.
- You may start setting up your posters starting April 2\textsuperscript{nd} at 7:15am. Please visit the registration table for your set-up instructions. All posters must be down by 5:00pm on April 3\textsuperscript{rd}.