



Johns Hopkins Center for American Indian Health



Johns Hopkins Center for American Indian Health (CAIH)



- Founded in 1991 within Johns Hopkins Bloomberg School of Public Health, Department of International Health
 - Founded by Dr. Mathu Santosham, following a decade of infectious disease research with tribal communities



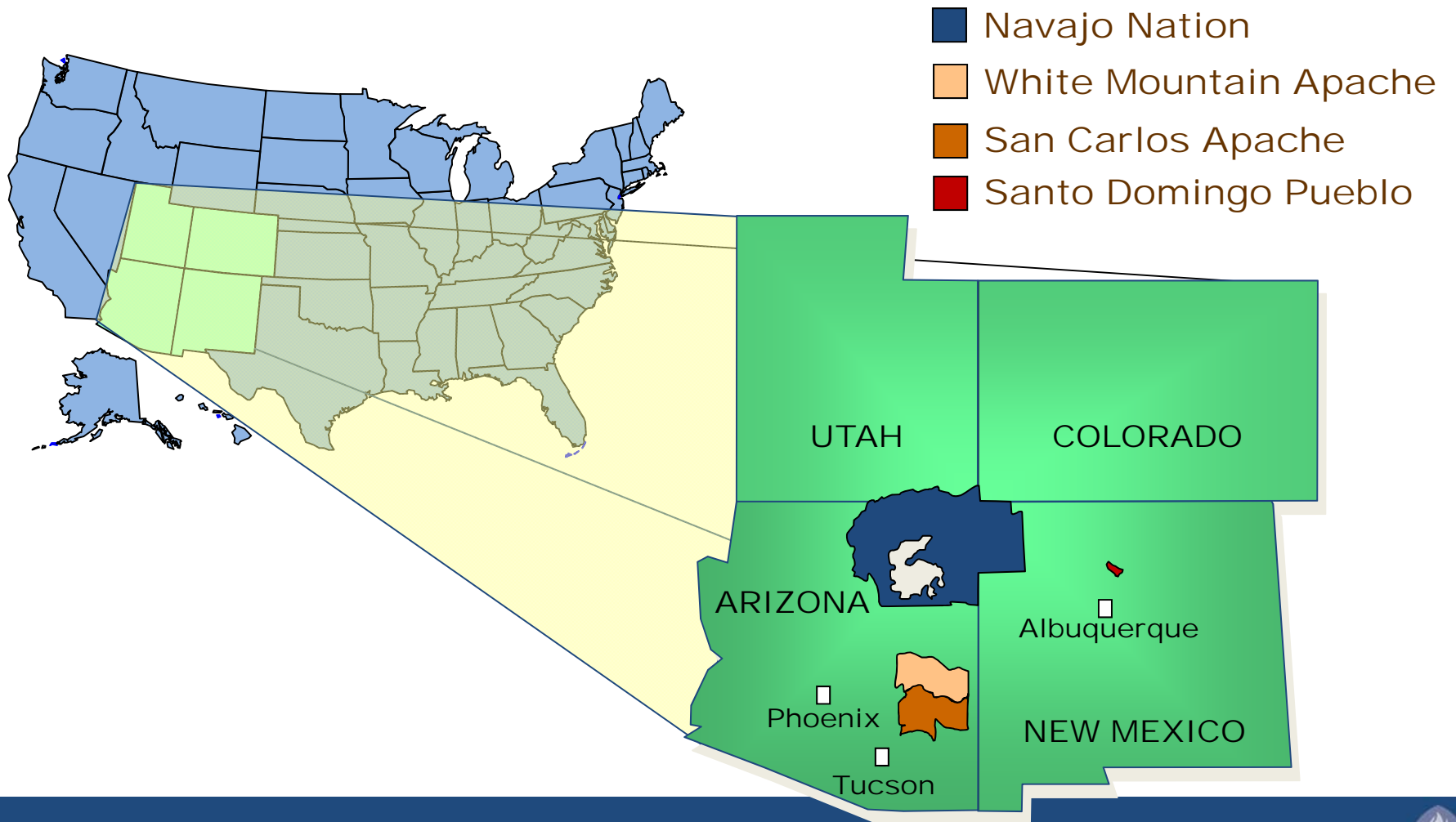
Mission



To work in partnership with American Indian and Alaska Native communities to raise AI/AN health status, self-sufficiency and health leadership to the highest possible level.



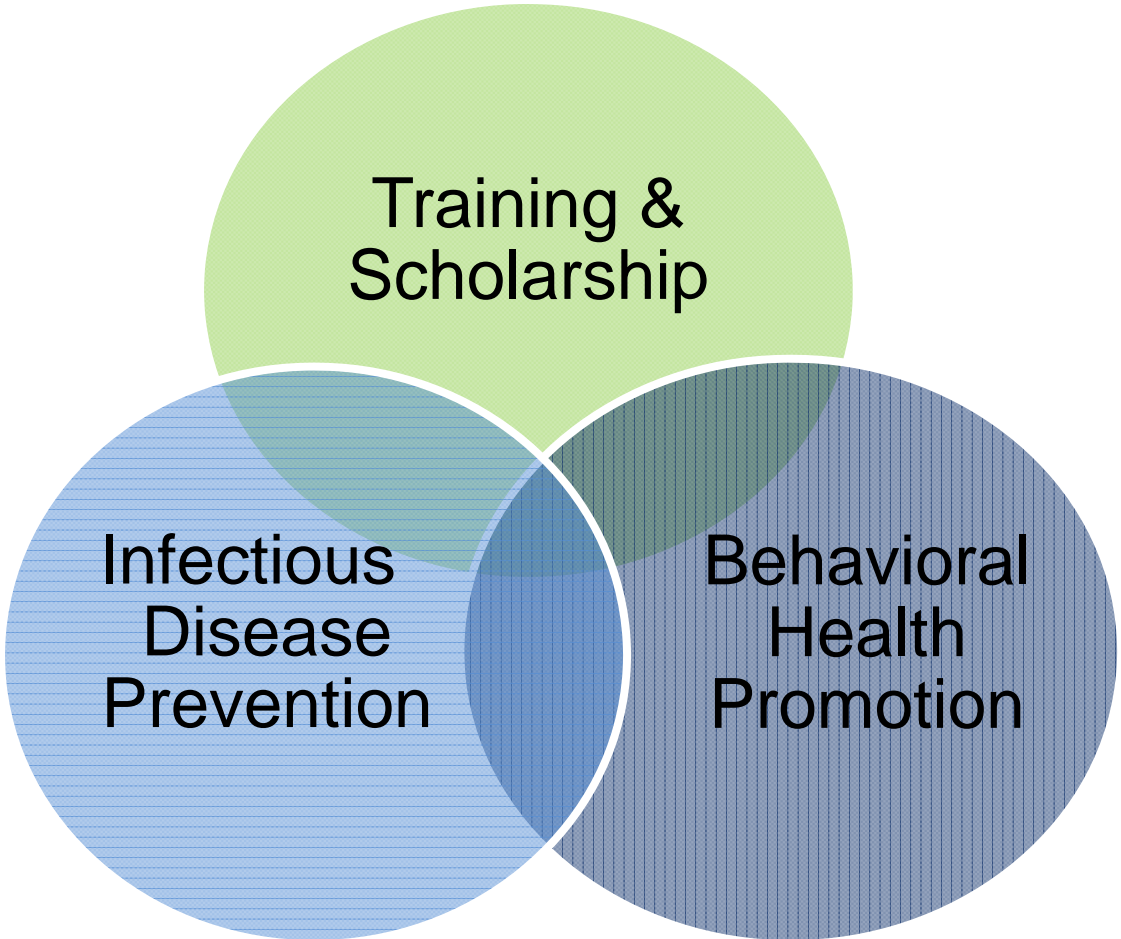
Location of Field Sites





CAIH Core Programs

CAIH Director
Dr. Mathu Santosham



Overview of CAIH Behavioral Health Promotion Programs



Behavioral Health Promotion Programs

- Parenting & Early Child Development
 - *Family Spirit Program*
- Suicide Prevention
 - *Apache Surveillance System*
 - *ASIST Training*
 - *New Hope Intervention*
- Nutrition and Fitness Promotion / Diabetes Prevention
 - *Feast for the Future Program*
 - *Together on Diabetes Program*
 - *Mobile Grocery Store (MoGro)*
 - *Native Vision*



Key Features of All CAIH Behavioral Health Programs



- Native Paraprofessionals
- Strengths-Based Approach
- Dual Service and Research
- Community-Based Participatory Research (CBPR)



Family Spirit Program



Home-Based Outreach



Structured curriculum taught by Native Health Educators to young mothers from pregnancy – 36 months post-partum



Community Referrals



Family Involvement





Suicide Prevention Programs

- Tribally mandated suicide surveillance in White Mountain Apache
 - First registry of its kind in the US; nationally recognized
 - Community-wide education and reporting
 - Expanded to other risk behaviors (e.g., NSSI and binge drinking)
- Applied Suicide Intervention Skills Training (ASIST)
 - Two Apaches certified as trainers
 - Have adapted program to be locally and culturally meaningful
- Brief ED-linked intervention for suicidal youth (New Hope)
 - CBPR process to culturally adapt an evidence-based intervention
 - Powerful locally produced video with messages from Elders
- *Next steps: substance use screening; binge drinking intervention*



Feast for the Future Program

- Edible School Garden Program with youth in 3rd-5th grades
 - Nurture gardens and teach school-based curriculum
- Traditional Foodways Education Program
 - Pair elders/farmers with youth to teach traditional foodways systems
- Community gardens, orchards, greenhouses
- Farmer Outreach and Training Programs





Together on Diabetes Program

- Pilot intervention study with 250 youth age 10-19 years old with or at-risk for type 2 diabetes
- Support Person enrolls along with youth
- 6 month intervention + 6 month maintenance phase with Family Health Coach
- Evaluation at four timepoints over 12 month enrollment period
- Ongoing communication with provider



Mobile Grocery Store (MoGro)

- A “grocery store on wheels” that delivers healthy, affordable foods to six pueblo communities in New Mexico
- CAIH partnership with La Montañita Co-Op Food Market and the Santa Fe Community Foundation
- Impact
 - Health
 - Cultural
 - Financial
 - Environmental



Native Vision Program

- Partnership with NFL Players Association to pair professional athlete mentors with Native youth
- Sports and life skills teachings promote empowerment, discipline, teamwork, and education
- Annual Summer Camp
 - Held each June by a host tribal nation
 - 500-900 youth each year
- Year Round Program
 - Currently 3 sites
 - Reinforces the teachings from the summer camp





Thank You / Contact

Johns Hopkins Center for American Indian Health

(Albuquerque office)

8205 Spain Rd. NE; Suite 210

Albuquerque, NM 87109

Phone (505) 797-3305

Nicole Neault, MPH, Research Associate / Field Coordinator

nneault@jhsph.edu

Lori Ann Loera, Sr. Research Program Coordinator / QA Coordinator

lloera@jhsph.edu

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